

Birth and Early Developmental History

Medications, alcohol, smoking, street drugs taken during the pregnancy _____

Complications during pregnancy, labor, or birth _____

Birth Weight _____ (APGAR scores (if known) _____)

Condition at birth _____

Detained in Hospital? _____ Jaundice _____ Colic _____

Ages at which developmental milestones were achieved:

Walking _____ Talking _____

Fine/gross motor problems _____

Other problems _____

Early Behavior and Social Adjustment

Activity level in childhood and now _____

Describe any behavioral or emotional problems in childhood _____

Problems with friends, peer relationships _____

Anxiety/Fears/Phobias _____

Medical History

Chronic health problems _____

Past illnesses _____

Past medications _____

Significant injuries _____

Surgeries _____

Sleeping problems _____

Eating problems _____

Head injury/concussion _____

Seizures _____

Headaches _____

(Girls) premenstrual problems _____

Hospitalizations (medical) _____

Psychiatric History

Depression, anxiety, self-harming behaviors _____

Difficult behaviors at home or at school _____

Counselors/Therapists (past and current) _____

Dates of any psychiatric hospitalizations _____

Substance abuse, past and present _____

Family History

Mother's Education _____ Occupation _____

Father's Education _____ Occupation _____

Please indicate immediate and/or extended family members with the following:

Learning Disabilities _____

ADHD _____

Developmental disabilities _____

Autism, Asperger's, PDD _____

Depression _____

Substance abuse _____

Anxiety _____

Bipolar Disorder _____

Seizures/Epilepsy _____

Other psychiatric or neurological problems _____

Educational History

Please list the names of schools attended and for which grades.

Elementary school _____

Average grades achieved _____

Junior high/middle school _____

Average grades achieved _____

High School _____ Year of grad. _____

Average grades achieved _____

SAT scores _____
 College/Univ. _____ Year of grad. _____
 GPA _____
 Major _____

Please list any academic, behavioral, or social problems in school:

Grade Level Problems

Services received in school (IEP, 504 Plan, speech therapy, remedial reading, OT, PT, etc.):

Private tutoring _____

Homework and Study Skills

Please indicate whether there are problems with any of the following.

- Bringing home the right materials _____
 - Knowing what the assignments are _____
 - Understanding how to do assignments _____
 - Getting started on homework _____
 - Managing long-term projects _____
 - Knowing how to study for tests _____
 - Taking tests _____
 - Note-taking _____
 - Staying on task and finishing assignments _____
 - Completing work within a reasonable length of time _____
 - Turning work in at school the next day _____
 - Staying focused in class and when studying _____
- Other academic problems _____

Evaluation History

List any previous evaluations in chronological order:

<u>Year</u>	<u>Evaluator/Facility</u>	<u>Diagnosis</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please check any of these symptoms or behaviors that you consider to be a problem.

- Often loses temper
Often argues with adults
Often actively defies or refuses adults' requests or house rules
Often deliberately does things that annoy others
Often blames other for own mistakes
Is often touchy or easily annoyed by others
Is often angry or resentful
Is often spiteful or vindictive
Often swears or uses obscene language
(ODD)
- Stolen without confrontation
Stolen with confrontation
Run away from home overnight
Lies often
Deliberate fire setting
Often truant
In trouble with the law
Damages others' property
Cruel to animals
Forced someone else into sexual activity
Used a weapon in a fight
Often initiates physical fights
Physically cruel to people
Prolonged bedwetting
(CD)
- Unrealistic and persistent worry about possible harm to close family members
Unrealistic and persistent worry that a calamitous event will separate child from parent
Somatic (bodily) complaints
Persistent school refusal
Persistent refusal to sleep alone
Persistent avoidance of being alone
Repeated nightmares re: separation
Excessive distress in anticipation of separation from attachment figure
(SAD)
- Unrealistic worry about future events
Unrealistic concern about appropriateness of past behavior
Unrealistic concerns about competence
Somatic (bodily) complaints
Marked self-consciousness
Excessive need for reassurance
Marked inability to relax
(OA)
- Excessive anxiety and worry more days than not about upcoming events or activities
Sleep disturbance (difficulty falling asleep, staying asleep, getting up)
Restlessness, keyed up, on edge
Easily fatigued
Difficulty concentrating or mind going blank
Irritability
Muscle tension
Excessive clinging to adults
Fearfulness
Panic attacks
(GAD)
- Depressed or irritable mood most of the day, nearly every day
Diminished pleasure in activities
Decrease or increase in appetite
Insomnia (too little sleep) or hypersomnia (too much sleep)
Agitated or slowed movement
Fatigue or loss of energy
Feelings of worthlessness or excessive or inappropriate guilt
Diminished ability to concentrate
Suicidal ideation or attempt
(MDD)

Chronic low level depression	Stereotyped and repetitive motor
Chronic irritability	movements (e.g. hand or finger flapping
Poor appetite or overeating	or twisting) or self-stimulating behaviors
Insomnia or hypersomnia	Sensory sensitivities (clothing, food, etc.)
Low energy or fatigue	Persistent preoccupation with parts of
Low self-esteem	objects (e.g. clothing labels)
Poor concentration or difficulty with making	(ASD)
decisions	
Feelings of hopelessness	Avoids being with other children
(DD)	Lacks interest in competitive sports
	Does not understand expressions; interprets
	literally, concretely
Thoughts, impulses or images that are	Poor eye contact
repeated and persistent; experienced as	Does not play games or interact well with
unwelcome and causing anxiety	others
and distress	Strong interest in particular topics
Repetitive behaviors (e.g. handwashing,	Has difficulty adjusting to changes in routine
ordering, checking) or mental acts (e.g.	Poor motor coordination
praying, counting, repeating words	Unusual speech patterns
silently) that the child feels he/she must	Lacks sensitivity to pain
do in response to an obsession, or	Unusual sensitivity to touch, feel
according to specific rules	Unusual sensitivity (or lack of) to noise
Excessive perfectionism	(AD)
(OCD)	
Impairment in use of nonverbal behaviors,	Unpredictable, extreme emotional
e.g. eye-to-eye gaze,	reactions
facial expression,	Excessive and/or frequent change in mood
body postures, and gestures	Explosive temper outbursts
to regulate social interaction	Prolonged (20 - 30 min. or longer) temper
Failure to develop relationships and	tantrums
friendships with same-age peers	Chronic anger, irritability
Lack of spontaneous seeking to share	Inability to regain self control when upset
enjoyment, interests, or achievements	Irrational thinking when angry
with other people (e.g. by a lack of	Others need to "walk on eggshells" to avoid
showing, bringing, or pointing out	setting off angry outbursts
objects of interest to other people)	Overreact to minor provocations
Lack of social or emotional reciprocity	(BSD)
(give-and-take)	
Preoccupation with one or more	
restricted area(s) of interest that is	
abnormal in intensity	
Inflexible adherence to specific routines or rituals	